

Kevin K. Shinsako, MS, PA-C
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07/03/1986

Civilian Education

Rush University Medical Center, Chicago, IL, MS Physician Assistant Studies
University of Illinois at Urbana – Champaign, Urbana, IL, BS MCB
Waubensee Community College, Sugar Grove, IL
Triton Community College, Maywood, IL

June 2010 – March 2013
August 2004 - May 2008
May 1, 2005 – May 1, 2007
May 30, 2006 – August 4, 2006

Honors and Awards

Presidential Scholarship, University of Illinois at Urbana-Champaign

Employment Experience

University of Colorado, Orthopedic Surgery, Physician Assistant
Colorado Army National Guard, Physician Assistant, Captain
Midwest Orthopedics at Rush, Physician Assistant
Mount Sinai and Holy Cross Hospital System, Physician Assistant
Alexian Brothers Medical Center, Physician Assistant
Alexian Brothers Medical Center, Patient Care Technician
Superior Air and Ground Ambulance Service, EMT

11/1/2019 – Present
11/9/2022 - Present
4/1/2013 – 10/10/2019
10/2/2014 – 7/1/2019
04/20/2018 – 1/3/2019
03/1/2009- 03/1/2011
06/01/2008 – 06/9/2010

Licensure

Physician Assistant, Colorado, License Number: PA.0005916. Initial Issue 1/31/2022 Valid Thru 1/31/2024

Board Certifications and Special Skills

BLS Certification

Exp: 1/2024

Publications:

- Heart rate recovery and heart rate complexity following resistance exercise training and detraining in young men. *American Journal of Physiology. Heart Circulatory Physiology*. 2007 Nov; 293(5):H3180-6. Epub 2007 Sep 21.
- Fractal scaling properties of heart rate dynamics following resistance exercise training. *Journal of Applied Physiology*. 2008 Jul;105(1):109-13. Epub 2008 May 1.
- Trapezoidal Achilles Tendon Allograft Plus for Revision. Quadriceps Tendon Repair with a Large Tendon Defect. *The Journal of Arthroscopic and Related Surgery*. July 2019
- SpeedBridge™ Knotless Double-Pulley Rotator Cuff Repair. *Arthroscopy*. 2021.

Instructional Courses, Educational Workshop

- Speaker: General Pediatric Orthopaedics, Resurrection University, NP Program, Chicago, IL, May 2015
- Lecturer: General Orthopaedics of Shoulder, Knee, and Elbow, Rush University PA Program, Chicago, IL May 2016
- Lecturer: General Orthopaedics of Shoulder, Knee, and Elbow, Rush University PA Program, Chicago, IL May 2017
- Faculty: MSK Ultrasound, 18th AAOS/AOSSM Sports Medicine Course, Steamboat, CO February 12, 2019
- Faculty: Use of MSK Ultrasound in the Office. Inaugural AAOS Sports Medicine and Arthroscopy Fellows Lab Course, AAOS OLC, Rosemont, IL June 22, 2018
- Faculty: Use of MSK Ultrasound. 2nd AANA Surgical Skills Course, AAOS OLC, Rosemont, IL June 7, 2019
- Vice Chair, Advance Practice Provider Section OSET 2021, Las Vegas, NV Dec 10-14, 2021
- Co-Chair, Advance Practice Provider Section OSET 2022, Boston, MA Sep 21-24, 2022
- Faculty, Galaxy MSK AAPA Conference, Denver, CO Jun 22-26, 2022

Professional Organization Membership

National Commission of Certification of Physician Assistants, Certified Physician Assistant
American Association of Physician Assistants, Fellow
Physician Assistant Orthopedic Surgery, Fellow
Illinois Association of Physician Assistants
Colorado Association of Physician Assistants